

DEE ADAMS, PhD, LPC, LMFT
Baton Rouge Christian Counseling Center
NEW CLIENT VERY DETAILED INFORMATION

NEW CLIENTS? Dr. Adams accepts new clients only for couple's counseling. To request an appointment for couple's counseling, please email her at Dee@brchristiancounseling.com and include your names, email addresses, and phone numbers with a request to start therapy with her and when you'd like to start. Dr. Dee will respond by email with an approximate date that an initial appointment may become available. If that approximate date is acceptable to you both and you want to go ahead and schedule an initial appointment, simply follow the directions below under **SCHEDULING**.

If you choose to not wait for Dr. Adam's available dates, you may of course seek counseling with another couples' therapist. BRCCC has several other counselors who do couple counseling. To see a list of BRCCC counselor specialties, whether they do couple counseling, and whether they are taking new clients, click [HERE](#) (www.brchristiancounseling.com / Counseling & Seminars / General Info). Additionally, you can go to www.ICEEFT.com / Find a Therapist / Louisiana to search for counselors in the area who are trained in EFT – Emotionally Focused Therapy; the counseling model Dr. Adams uses with couples. In 2011, Dee was the first therapist in Louisiana to be certified in EFT.

SCHEDULING: To schedule your first appointment for therapy:

- 1) You will need to set up an account. To do so, go to Dr. Adam's Therapy Appointment portal by clicking here: [SCHEDULING PORTAL](#) (or go to www.therapyappointment.com Client/Patient login (TA 2.0). Search for Dee Adams and then click on **"Register as a New Client"**. You will be asked to put in your name, address, email(s), phone number(s), how you want to be confirmed, and your mandatory credit card number - which the software encrypts for safety.
- 2) After setting up your account, look for an email that is a "Portal Invite" which will bring you back into the software (need to put in your birthdate as 01/01/2000) for entry and then you can then set up your username and password.
- 3) Then either BRCCC or Dee will get in touch with you to set up your first appointment. Or you can email Dee at Dee@brchristiancounseling.com or call the office at 387-2287 to set up your first appointment. You cannot set up your first appointment yourself.

PAPERWORK FOR NEW CLIENTS: After you have an account and username, you will receive an email directing you back to the software to print and fill out my packet of intake forms. If you didn't get the email, or can't find the forms, let us know. **YOU MUST HAVE THESE AT THE START OF YHOUR FIRST SESSION.** Please review, print, complete, sign, and bring the intake paperwork to your first appointment. Please do not print back-to-back. If you do not wish to print out the forms, please allow 30 minutes or more before your first session to complete them at the office so you won't lose any of your therapy time. As a couple, EACH of you must fill out a separate set of intake forms

ONLY AFTER YOUR FIRST APPOINTMENT: You may then schedule additional appointments online by going to Dee's [SCHEDULING PORTAL](#) again or by visiting Therapy Appointment, which might be easier to remember, www.therapyappointment.com Client/Patient login (TA 2.0, not Legacy). Search for Dee Adams, and use your username and password to access your account.

After over 35 years of full-time counseling, Dee is now working 3 days per week, Monday, Wednesday, and Friday so appointment spots are limited. Appointments are on a first-come first-served basis, so after your first session schedule out a few months to get the dates and times you want.

THE WAIT LIST AFTER THE INITIAL SESSION: If nothing is available at convenient times or if you want an earlier appointment – either call the office at 387-2287 or email Dee at Dee@brchristiancounseling.com and ask to be put on a waiting list for a specific week or day you prefer, or just anything available. We'll call, text, or email you if something becomes available earlier. Sometimes a notice of last-minute cancellations is emailed out, as well.

COMING AS A COUPLE? See Dee's [bio page](#) on BRCCC's website to read more about Dr. Adams and about EFT -- Emotionally Focused Couples Therapy. Dee generally meets with a couple together first. If this is not possible, she can be flexible. After the first joint session Dee sometimes chooses to meet with each person individually, then back together as a couple from then on. Please note that any information revealed in those individual sessions must be open to be shared in joint sessions; no secrets. Most couples schedule every-other-week. To get a jumpstart, or because of travel, some people elect to schedule 1 ½ or 2 sessions for the first visit, or later visits. This is particularly helpful for couple counseling.

The focus of Dee's practice is therapy for couples and she does not engage in ongoing individual counseling with couple partners. However, if one partner is unexpectedly out of town or ill, it is fine for one partner to come alone, or there will be a charge for the session.

COUPLE'S WEEKEND WORKSHOP: Additionally, several times a year Dee and her husband, Pete, offer a couple's weekend workshop entitled "Created for Connection". Go to www.C4CBR.com for date and details.

TIMELINESS: If you run late for an appointment, you lose minutes. If Dee runs late, (very rarely) you will always get a full session.

FEES: The fee per 45-50 minute session is \$180, for 60 minutes the fee is \$200. The first evaluative session is \$200. The fee for 1 ½ sessions (75 min) is \$270 and a double session of 90-100 min is \$360, for 2 hours \$400.

PAYMENT: It is the BRCCC policy that payment must be made at the time of service. You can pay with check, cash, Visa/Master Card, American Express, or Discover.

CREDIT CARD ON FILE: To secure your first appointment, the BRCCC policy states that you MUST have your credit card number on file PRIOR to your arrival for the first session to officially reserve your appointment spot. It is safely secured through encryption. You should have shared your credit card number when you registered for your account, but if not, you can call our office at 387-2287 with a credit card number. If you "no show" or don't cancel with at least 24 hours of notice, you are charged.

INSURANCE: Dee does not file with insurance, but can give you a receipt (or "Superbill") with a diagnosis for you to file for direct reimbursement using your "out of network" benefits. You can see if you have mental health benefits by calling your insurance company and asking some specific **QUESTIONS** (or go to www.brchristiancounseling.com / Counselors & Seminars / Counselor Fees, Availability...)

CONFIRMATION OF APPOINTMENTS: In your online Therapy Appointment account you should have chosen to have your appointments confirmed through text, email, and/or automated phone call. You can update or change those at any time. ***Whether an appointment is confirmed or not, you are still responsible for remembering your appointments and will be charged if you miss.*** Reminders can be sent to up to 2 cell numbers or 2 email addresses or 2 phone numbers.

CANCELLATIONS: If you ever need to cancel – you must provide **AT LEAST** 24-hour notice, **PREFERABLY 48 HOURS**, or **your credit card will be charged**, even for your first session. Dee really appreciates your understanding so she can schedule other clients in need of therapy. BRCCC has voicemail 24 hours a day, 7 days a week. If you must cancel within the 24 hours, you can't do that online – you have to call – but there is still a credit card charge.

TELE THERAPY: You may elect to come to BRCCC and do your therapy in-person, or you may request teletherapy via the Zoom platform, the cost is the same. Couples may meet from the same or different Louisiana locations for joint sessions. You may choose to have some sessions in-person and use teletherapy for others. Please make it clear if you want in-person or teletherapy for any given session so that a link can be emailed to you before the session.

DIRECTIONS: See the attached map. Dr. Adam's office is in on the third floor of the red brick administrative building on the First Presbyterian Church campus at 763 North BOULEVARD (not Street) in downtown Baton Rouge. The building is also directly across Convention Street from the downtown Post Office. The church takes up a whole city block, bordered on 4 sides by **North Boulevard** (which has grass down the middle), **Convention**, and **7th** and **8th Streets**.

Please allow extra time to find us for your first session, especially considering Baton Rouge's traffic! It would be helpful to bring a copy of these directions and/or bring the attached map. Finding us can be a mental health challenge!

PARKING and BUZZING-IN FOR ENTRY: You may park either at a meter on 8th Street and enter via the 8th Street door, **OR** park in the big free parking lot on Convention and enter via the Chapel doors. **YOU CAN ONLY BUZZ IN AT 3 DOORS:**

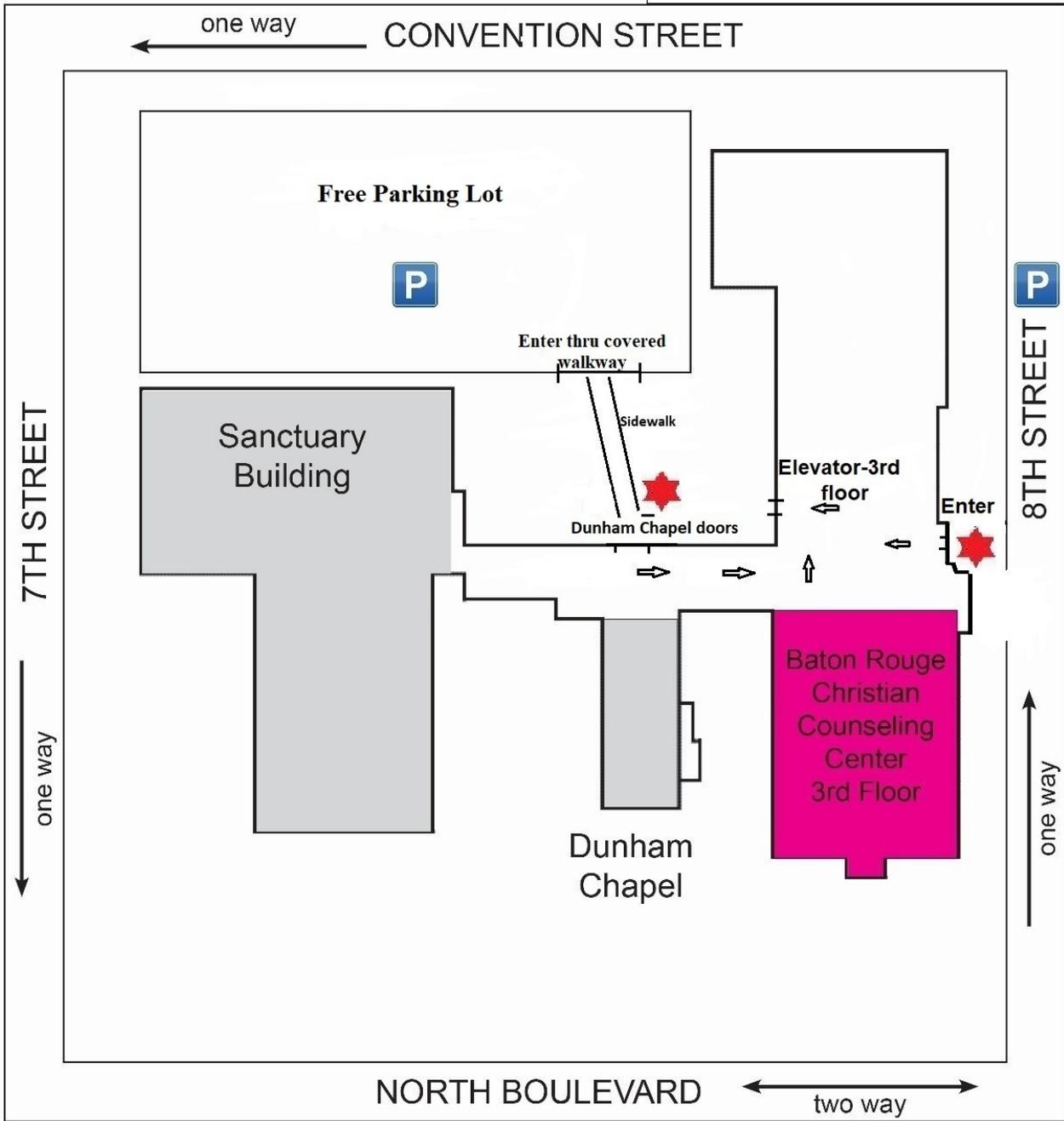
- 1) **the main CHAPEL door**,
- 2) **the BREEZEWAY door** leading to the CHAPEL from the Sanctuary, and
- 3) **the 8TH STREET door** (see the map attached.) Buzz the Counseling Center and someone will ask which Counselor you are there to see and then unlock the door for you. Go to the third floor via the stairs or elevator. The counseling center is at the far end of the hall.

This is a ton of information and forms, but please know that Dee is looking forward to meeting with you and working with you! If you have any questions, please email.

Dee Adams, PhD, LPC, LMFT
Baton Rouge Christian Counseling Center
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*(225) 387-2287 * (225) 383-2722 fax*

WEB: www.brchristiancounseling.com
Website for couple's workshop: www.C4CBR.com
EMAIL: dee@brchristiancounseling.com

Downtown Post Office



★ Enter at either the 8th Street entrance or the Convention Street Chapel. Buzz appropriate box.

🅑 Parking available in the Convention St. lot (free) or on 8th Street.